

**THE METHODS OF NONVIOLENT PROTEST AND PERSUASION****Formal Statements**

1. Public Speeches
2. Letters of opposition or support
3. Declarations by organizations and institutions
4. Signed public statements
5. Declarations of indictment and intention
6. Group or mass petitions

**Communications with a Wider Audience**

7. Slogans, caricatures, and symbols
8. Banners, posters, displayed communications
9. Leaflets, pamphlets, and books
10. Newspapers and journals
11. Records, radio, and television
12. Skywriting and earthwriting

**Group Representations**

13. Deputations
14. Mock awards
15. Group lobbying
16. Picketing
17. Mock elections

**Symbolic Public Acts**

18. Displays of flags and symbolic colors
19. Wearing of symbols
20. Prayer and worship
21. Delivering symbolic objects
22. Protest disrobings
23. Destruction of own property
24. Symbolic lights
25. Displays of portraits
26. Paint as protest
27. New signs and names
28. Symbolic sounds
29. Symbolic reclamations
30. Rude gestures

**Pressures on Individuals**

31. "Haunting" officials
32. Taunting officials
33. Fraternization
34. Vigils

**Drama and Music**

35. Humorous skits and pranks
36. Performances of plays and music
37. Singing

**Processions**

38. Marches
39. Parades
40. Religious processions
41. Pilgrimages
42. Motorcades

**Honoring the Dead**

43. Political mourning
44. Mock funerals
45. Demonstrative funerals
46. Homage at burial places

**Public Assemblies**

47. Assemblies of protest or support
48. Protest meetings
49. Camouflaged meetings of protest
50. Teach-ins

**Withdrawal and Renunciation**

51. Walk-outs
52. Silence
53. Renouncing honors
54. Turning one's back

**THE METHODS OF SOCIAL NONCOOPERATION****Ostracism of Persons**

55. Social boycott
56. Selective social boycott
57. Lysistratic nonaction
58. Excommunication
59. Interdict

**Noncooperation with Social Events, Customs, and Institutions**

60. Suspension of social and sports activities
61. Boycott of social affairs
62. Student strike
63. Social disobedience
64. Withdrawal from social institutions

**Withdrawal from the Social System**

65. Stay-at-home
66. Total personal noncooperation
67. "Flight" of workers
68. Sanctuary
69. Collective disappearance
70. Protest emigration (*hijrat*)

**THE METHODS OF ECONOMIC****NONCOOPERATION: ECONOMIC BOYCOTTS****Actions by Consumers**

71. Consumers' boycott
72. Nonconsumption of boycotted goods
73. Policy of austerity
74. Rent withholding
75. Refusal to rent
76. National consumers' boycott
77. International consumers' boycott

**Action by Workers and Producers**

78. Workmen's boycott
79. Producers' boycott

**Action by Middlemen**

80. Suppliers' and handlers' boycott

**Action by Owners and Management**

81. Traders' boycott
82. Refusal to let or sell property
83. Lockout
84. Refusal of industrial assistance
85. Merchants' "general strike"

**Action by Holders of Financial Resources**

86. Withdrawal of bank deposits
87. Refusal to pay fees, dues, and assessments
88. Refusal to pay debts or interest
89. Severance of funds and credit
90. Revenue refusal
91. Refusal of a government's money

**Action by Governments**

92. Domestic embargo
93. Blacklisting of traders
94. International sellers' embargo
95. International buyers' embargo
96. International trade embargo

**THE METHODS OF ECONOMIC****NONCOOPERATION: THE STRIKE****Symbolic Strikes**

97. Protest strike
98. Quickie walkout (lightning strike)

**Agricultural Strikes**

99. Peasant strike
100. Farm Workers' strike

### **Strikes by Special Groups**

- 101. Refusal of impressed labor
- 102. Prisoners' strike
- 103. Craft strike
- 104. Professional strike

### **Ordinary Industrial Strikes**

- 105. Establishment strike
- 106. Industry strike
- 107. Sympathetic strike

### **Restricted Strikes**

- 108. Detailed strike
- 109. Bumper strike
- 110. Slowdown strike
- 111. Working-to-rule strike
- 112. Reporting "sick" (sick-in)
- 113. Strike by resignation
- 114. Limited strike
- 115. Selective strike

### **Multi-Industry Strikes**

- 116. Generalized strike
- 117. General strike

### **Combination of Strikes and Economic Closures**

- 118. Hartal
- 119. Economic shutdown

## **THE METHODS OF POLITICAL NONCOOPERATION**

### **Rejection of Authority**

- 120. Withholding or withdrawal of allegiance
- 121. Refusal of public support
- 122. Literature and speeches advocating resistance

### **Citizens' Noncooperation with Government**

- 123. Boycott of legislative bodies
- 124. Boycott of elections
- 125. Boycott of government employment and positions
- 126. Boycott of government depts., agencies, and other bodies
- 127. Withdrawal from government educational institutions
- 128. Boycott of government-supported organizations
- 129. Refusal of assistance to enforcement agents
- 130. Removal of own signs and placemarks
- 131. Refusal to accept appointed officials
- 132. Refusal to dissolve existing institutions

### **Citizens' Alternatives to Obedience**

- 133. Reluctant and slow compliance
- 134. Nonobedience in absence of direct supervision
- 135. Popular nonobedience
- 136. Disguised disobedience
- 137. Refusal of an assemblage or meeting to disperse
- 138. Sitdown
- 139. Noncooperation with conscription and deportation
- 140. Hiding, escape, and false identities
- 141. Civil disobedience of "illegitimate" laws

### **Action by Government Personnel**

- 142. Selective refusal of assistance by government aides
- 143. Blocking of lines of command and information
- 144. Stalling and obstruction
- 145. General administrative noncooperation
- 146. Judicial noncooperation
- 147. Deliberate inefficiency and selective noncooperation by enforcement agents
- 148. Mutiny

### **Domestic Governmental Action**

- 149. Quasi-legal evasions and delays
- 150. Noncooperation by constituent governmental units

### **International Governmental Action**

- 151. Changes in diplomatic and other representations
- 152. Delay and cancellation of diplomatic events
- 153. Withholding of diplomatic recognition

- 154. Severance of diplomatic relations
- 155. Withdrawal from international organizations
- 156. Refusal of membership in international bodies
- 157. Expulsion from international organizations

## **THE METHODS OF NONVIOLENT INTERVENTION**

### **Psychological Intervention**

- 158. Self-exposure to the elements
- 159. The fast
  - a) Fast of moral pressure
  - b) Hunger strike
  - c) Satyagrahic fast
- 160. Reverse trial
- 161. Nonviolent harassment

### **Physical Intervention**

- 162. Sit-in
- 163. Stand-in
- 164. Ride-in
- 165. Wade-in
- 166. Mill-in
- 167. Pray-in
- 168. Nonviolent raids
- 169. Nonviolent air raids
- 170. Nonviolent invasion
- 171. Nonviolent interjection
- 172. Nonviolent obstruction
- 173. Nonviolent occupation

### **Social Intervention**

- 174. Establishing new social patterns
- 175. Overloading of facilities
- 176. Stall-in
- 177. Speak-in
- 178. Guerrilla theater
- 179. Alternative social institutions
- 180. Alternative communication system

### **Economic Intervention**

- 181. Reverse strike
- 182. Stay-in strike
- 183. Nonviolent land seizure
- 184. Defiance of blockades
- 185. Politically motivated counterfeiting
- 186. Preclusive purchasing
- 187. Seizure of assets
- 188. Dumping
- 189. Selective patronage
- 190. Alternative markets
- 191. Alternative transportation systems
- 192. Alternative economic institutions

### **Political Intervention**

- 193. Overloading of administrative systems
- 194. Disclosing identities of secret agents
- 195. Seeking imprisonment
- 196. Civil disobedience of "neutral" laws
- 197. Work-on without collaboration
- 198. Dual sovereignty and parallel government

**Far too often people struggling for democratic rights and justice are not aware of the full range of methods of non-violent action. Wise strategy, attention to the dynamics of nonviolent struggle, and careful selection of methods can increase a group's chances of success.**

**Gene Sharp researched and catalogued these 198 methods and provided a rich selection of historical examples in his seminal work, *The Politics of Nonviolent Action* (3 Vols.) Boston: Porter Sargent, 1973.**